

With all the news about the Novel Coronavirus, **Cure Urgent Care** would like to help ease our patients' concerns and provide some useful information on how to keep yourself and loved ones healthy.



- The most important recommendation from the CDC is to be vigilant about hand hygiene.
- Washing your hands often with soap for at least 20 seconds or using hand sanitizers with at least 60% alcohol content is the most effective way to prevent virus transmission.
- Do not touch any parts of your face and in general, avoid touching public objects as much as possible.
- Facemasks for the general population are not necessary and should be reserved for healthcare workers and those who are ill.

- Additionally, the CDC is urging people to make sure that you and your family have received a flu vaccination as part of the recommendation on Corona surveillance.
- Please note, we do have flu shots available at Cure Urgent Care.

# https://www.cdc.gov/coronavirus/2019-ncov/index.html



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Receive the flu vaccination.

Of course, it may be confusing for patients to know exactly what to be worried about with regard to symptoms and seeking medical care. **That is why we are here to help at CURE.** 

Novel Corona is much like the flu in that symptoms are typically a fever, cough, body aches and fatigue. Those who have traveled to 'hot zones' should be particularly concerned. Seeking medical attention, like with any other illness, is advised when symptoms are severe and potentially life-threatening. Rest assured, the majority of people are expected to have mild symptoms and full recovery.

If there is concern, we can help with appropriate medical evaluation and testing for other illnesses which are important to exclude as part of the work up. Of course, should a patient warrant hospitalization and or consultation with the Department of Health, we are prepared for such scenarios.

At Cure Urgent Care, we are open 7 days a week to care for you with 2 convenient locations in the Upper East Side and Upper West Side of Manhattan. Click the link below to make an appointment. If you would like to speak with us try our live chat feature.



Dr. Jake Deutsch Medical Director Cure Urgent Care

# **Make an Appointment**

As always we are dedicated to keeping our communities healthy and strong.

Thank you for trusting in us at **CURE** as we continue to be your health care partner!

## **Our Offices**



**Upper West Side** 2689 Broadway, New York, NY 10025 (212) 776-4320

### **Hours Of Operation** Mon - Fri: 8AM - 8PM Sat - Sun: 9AM- 8PM



**Upper East Side** 175 E 96th St, New York, NY 10128 (212) 776-4292

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